

# Fitness Committee

Send information to: [oldgracehousingcoop@gmail.com](mailto:oldgracehousingcoop@gmail.com)

**Include:** Photo (if possible)  
Size (measurements), material, colour, make etc.

ITEM	NUMBER	DESCRIPTION
Treadmill	2	
Elliptical cross trainer	1	
Stationary bicycle	1	Recumbent, if possible
Free weights / bench	+	
BOSU balance trainer	1	
Exercise mats	++	
Fitness balls	+	
Skipping ropes	+	
Resistance bands	+	
TRX suspension trainer	1	
Scale	1	